

**LATONYA M. SUMMERS, PHD LCMHCS LMHC NCC**

5488 Marsh Creek Ct., Jacksonville, FL 32277 (704) 771-5125 [lsummer@ju.edu](mailto:lsummer@ju.edu)

**EDUCATION**

The University of North Carolina at Charlotte, Charlotte, NC

**2018**

**Ph.D., Counselor Education & Supervision**

Department of Counselor Education and Supervision, CACREP Accredited

Dissertation: *Examining predictive factors of self-efficacy among supervisors who conduct cross-racial supervision: Social influence, racial identity attitudes, and gender self-concept*

**CERTIFICATIONS AND LICENSURES**

Licensed Clinical Mental Health Counselor Supervisor (NC) #4355S

Licensed Mental Health Counselor (FL) #MH18949

National Certified Counselor #45333

**PROFESSIONAL EXPERIENCE**

**Wellness.**

**Owner, Practitioner, and Supervisor.**

LifeSkills Counseling & Consulting, PLLC  
2007 - 2017

Responsibilities include assessment, treatment planning, and provide individual, couples, and family counseling; supervising and mentoring licensed and associate practitioners, community outreach, and budgeting and planning.

**Dual Diagnosis Counselor**

Presbyterian Behavioral Health, Inpatient  
1996 2008

Responsibilities included assessment, treatment planning, crisis intervention, and mental health and addictions counseling; training and mentoring addictions counselors.

**Adolescent Substance Abuse Counselor**

Catawba County Substance Abuse Services  
1995 1996

Responsibilities included assessment, treatment planning, addictions counseling to adolescents and their families. IOP groups facilitator.

**Adolescent Substance Abuse Counselor**

Step One Substance Abuse Services  
1994 1995

Responsibilities included assessment, treatment planning, addictions counseling to adolescents and their families. IOP groups facilitator.

**TEACHING/CURRICULUM DEVELOPMENT**

Courses Taught

Jacksonville University

**MHC 507 Group Theories and Practice**

MHC 507 Group Theories and Practice

MHC 509 Social and Cultural Foundations in Counseling

MHC 601 Community Based Counseling

MHC 603 Clinical Practicum



Merlin-Knoblich, C., **Summers, L.**, & Abrams, L. (2022). The Immediate and Extended Impacts of Poverty Simulations on Multicultural Attitudes and Attitudes Towards Poverty. *Journal of Poverty*, DOI: [10.1080/10875549.2021.2023723](https://doi.org/10.1080/10875549.2021.2023723)

**Summers, L.**, & Lassiter, P. (2021). Soul Work: The perceived clinical mental health needs of Black clients. *Journal of Multicultural Counseling & Development*, 50(1), 14-24. <https://doi.org/10.1002/jmcd.12230>

Brown, S., Bergowitz, M., & **Summers, L.** (2020). Investigation of Testimonials from Participants in an Adaptive Sports and Recreation Program. *American Journal of Occupational Therapy*, 74(S1).

King, K., & **Summers, L.** (2020). Predictors of broaching: Multicultural competence, racial colorblindness, and intrapersonal communication. *Counselor Education & Supervision*, 59, 216-230.

**Summers, L.**, & Gutierrez, D. (2018). Assessing and treating financial anxiety: The counselor as a resource, rather than referrer. *Journal of Individual Psychology*, 74(4), 437-447.

Hatcher, S., King, D., Evans, S., & **Summers, L.** (2017). An assessment of sexual health risk behavior among female youth in juvenile detention. *Journal of Child & Youth Services*. DOI: 10.1080/0145935X.2017.1412824

### **Book Chapter Publications (in order published)**

**Summers, L.**, Abrams, L., & Harris, H. (2021). Barriers and access to mental health care for African Americans. *African American Mental Health*. Springer Publishers.

**Summers, L.** (2021). Not the Brady Bunch: School-

**Book Reviews**

Peer reviewer: *Black Faculty Experiences and Higher Education Strategies* by Antija Allen and Justin Stewart. Cambridge, UK: Cambridge University Press. 2022, May.

Peer reviewer:

Primary Investigator.



**Summers, L.** (2020, June). *Hair we grow again! Upward mobility, career compromise, and natural hair bias in the workplace*. Presentation at the annual Florida Career Development Association Conference, virtual.

**Summers, L.** (February, 2019). *Sink, Swim, or Walk on Water: Moving along the Continuum of Cultural Competence in Cross-Racial Relationships*. Invited workshop presented to the North Carolina Counselors Association Pre-Conference, Durham, NC.

**Summers, L.** (January, 2019). *Not the Brady Bunch: Counseling Ethnic Minority Families*. Presentation at the 11<sup>th</sup> Annual UCF Counseling Conference, Orlando, FL.

**Summers, L.** (October, 2018). *Broaching difficult subjects in Cross-Cultural Supervision*. Presentation at the LPCANC Annual Conference, Raleigh, NC.

**Summers, L.** (October, 2017). *Not the Brady Bunch: Conceptualizing Black Family Therapy via the Lyons*. Presentation at the LPCANC Annual Conference, Winston-Salem, NC.

**Summers, L.** (May, 2016). *A journey to recovery from Complex Trauma: How clinicians can come alongside*. Presentation at the NCNA Psych Retreat, Greensboro, NC.

**Summers, L.** (October, 2015). *Cross-racial supervision: Impact of power, race, and gender*. Presentation at the LPCANC Annual Conference, Durham, NC.

### **Local Presentations** (in order presented)

**Summers, L. (March, 2023). Presentation on Black Youth and Suicide.** Black Teen Suicide Prevention and Youth Mental Well-Being Workgroup. Jacksonville, FL. Virtual.

**Summers, L.** (July, 2022). Panelist for Youth Summit. Jacksonville, FL.

**Summers, L.** (January, 2018). *Identifying, assessing, and treating personality disorders*. Presentation at the LifeSkills Counseling & Consulting Group, Charlotte, NC.

**Summers, L.** (February, 2018). *Outside of four walls: Developing competency for social Justice and Advocacy*. Presentation at the LifeSkills Counseling & Consulting Group, Charlotte, NC.

**Summers, L.** (March, 2018). *Using CBT to treat financial anxiety*. Presentation at National Association of Social Workers, Charlotte, NC.



**Summers, L.** (April, 2018). *Best practices in clinical supervision: 10 hour renewal*. Presentation at the LifeSkills Counseling & Consulting Group, Charlotte, NC.

**Summers, L.** (April, 2018). *Cross-cultural supervision: Impact of Power, Race, and Gender*. Presentation at the LifeSkills Counseling & Consulting Group, Charlotte, NC.

**Summers, L.** (May, 2018). *Not the Brady Bunch: Conducting family therapy with ethnic minority families*. Presentation at the LifeSkills Counseling & Consulting Group, Charlotte, NC.

**Summers, L.** (October, 2017). *Cross-racial supervision: Impact of power, race, and gender*. Presentation at the Multicultural Issues in Counseling Conference, Charlotte, NC.

**Summers, L.** (March, 2017). *Cross-racial supervision: Impact of power, race, and gender*. Presentation at National Association of Social Workers, Charlotte, NC.

**Summers, L.** (April, 2016). *Diagnosis and treatment of Acute Stress Disorder and Post Traumatic Stress Disorder*. Presentation at Charlotte AHEC, Charlotte, NC.

**Summers, L.** (September, 2016). *Using CBT to treat financial anxiety*. Presentation at Charlotte AHEC, Charlotte, NC.

### **Webinars**

**Summers, L.** (2022, July). Call to Action Summit. Opening presenter.

**Summers, L.** & Hefffield, R. (2022, April). Supervision that Prepares Social Justice Advocates. Association for Counselor Education and Supervision (ACES).

**Summers, L.** (2022, March). Racial and ethnic disparities in mental health. Mayo Clinic of Florida.

**Summers, L.** (2021, May). *Recruitment and Retention of Black Providers*. Panelist. AAHS Webinar Series.

**Summers, L.** (2021, March). *To be Young, Gifted, Black and Tired: Identifying and Recovering from Racial Battle Fatigue*. Appalachian State University.

**Summers, L.** (2021, March). *Beyond the Books: Creating Race and Culture-Inclusive Classrooms*. Appalachian State University.



**Summers, L. (2024).** We Got Next Now: Counselors who Learn, Lead, and Liberate. Prescott College Spring Colloquium. Virtual

**Summers, L. (2023).** We Got Next Now: Counselors who Learn, Lead, and Liberate. Kentucky Counseling Association. Louisville, KY.

**Summers, L. (2023).** We Got Next Now: Counselors who Learn, Lead, and Liberate. Texas Counseling Association Annual Conference. Houston, TX.

**Summers, L. (2023).** Pandemic Pivot: Rethinking How We Lead. Presentation at the American Counseling Association Southern Regional Leadership Conference. Jacksonville, FL.

**Summers, L. (2022).** *Resilient Counselors, Resilient Profession.* Presentation at the 25<sup>th</sup> LPCANC Annual Conference. Winston-Salem, NC.

**Summers, L. (2021).** *Enacting the Non-Discrimination Statement: Recruiting and Retaining Black Providers.* Presentation at the MAHEC 2021 Asheville African American Health Symposium.

**Summers, L. (2020).** *Ethics and 2020: Yielding to the Year of Imperfection.* Presentation at the 2020 Florida Counseling Association Convention.

### **Media Appearances**

Tedx Jacksonville. (2021, October). Know Pain, Know Gain.  
<https://www.youtube.com/watch?v=9b6pnlmR0-I&t=2s>

Jacksonville University Phins Faculty Series. (2020, December). Dr. Summers was invited to speak about diversity and inclusion to prospective students.  
<https://www.facebook.com/watch/?v=717739298930942>

Honeycutt, K. (2020, November). Dr. Summers was invited to give a talk about her journey from foster care to PhD. <https://podcasts.apple.com/us/podcast/flip-your-lid-with-kim-honeycutt/id1527590100?i=1000498990908>

The Mighty. (2020, July). Dr. Summers was invited to speak about how colorism affects mental health.  
[https://www.facebook.com/watch/live/?v=393878718289902&ref=watch\\_permalink](https://www.facebook.com/watch/live/?v=393878718289902&ref=watch_permalink)

Center for Health Equity and Community Engagement. (2020, April). Dr. Summers was invited to speak about maintaining mental health among communities of color during COVID-19. [https://m.facebook.com/watch/?v=2640053279570056&\\_rdr](https://m.facebook.com/watch/?v=2640053279570056&_rdr)

McFall, S. (2020, January). Ignite Success. Dr. Summers was invited to speak about mental wellness in Black communities. <https://www.youtube.com/watch?v=0VikqqSYK5M>

### **Events Planned, Managed, and Organized**

**Black Mental Health Symposium.** Virtual. September 2024.

**Florida Counseling Association Convention.** Virtual. October 2020. October 2021.

**Black Mental Health Symposium.** Jacksonville, FL. September 2023.

**Black Mental Health Symposium.** Virtual. September 2020-2021

**Black Mental Health Symposium.** Charlotte, NC 2016 2019

## **PROFESSIONAL SERVICE**

### **Editorial Positions**





**International**

- Chi Sigma Iota

**National**

- American Counseling Association